
THE INSIDE OFFICIAL

Canadian Luge Officials Newsletter



53RD FIL LUGE WORLD CHAMPIONSHIPS

FEBRUARY 6-8 / 25 | WHISTLER, CANADA

The action-packed event will feature a track full of amazing activities including entertainment, local food options, beer gardens and so much more, for the whole family to enjoy! See [the Luge Canada World Championship site](#) for the event schedule, ticket information and accommodation offers.

Call for Officials

We are seeking officials for the FIL World Championships in Whistler, BC. Please email mavierboom@gmail.com with your availability by October 31, 2024. The Race Director is Zan Aycocock and Assistant Race Director is Ron Pastuck. Although we don't have exact times confirmed yet, the **Race Days** are:

Thursday, February 6, 2025 - starting in the morning

Friday, February 7, 2025 - starting in the afternoon

Saturday, February 8, 2025 - starting in the afternoon

Please let me know if you can commit to all 3 race days, just certain ones, or are available earlier in the week for training. If you are interested in a leadership role, Start Leader or Finish Leader please let me know. The Race Directors will make the selection for these positions.

Accommodations

Tourism Whistler has provided some special offers on lodging, Whistler Blackcomb day passes. And equipment rentals. Please see their link for details: [Tourism Whistler Offers](#)

Fairmont Chateau Whistler is offering a [Friends and Family Rate](#) February 6-8. Click the link or call 1-800-606-8244 to make your reservation and quote Luge Canada Friends & Family group code (LUGECA0225) to receive the discounted rate.

Whistler Athletes' Centre has several room options and the rate includes daily meals. See the attached information sheet from the WAC for rates. To book call 604-964-0052, email lodge@whistlersportlegacies.com or click this [click this link](#)

2024 IRO Rule Book

The 2024 IRO for both Artificial Track and Natural Track is available for download on the FIL website. IRO rule changes are highlighted in yellow and have a black vertical line to the right as well. Paper books will not be distributed as done in past years. However, CLA will print and sell coil bound books for \$20 if there is enough interest. Please [email Cindy Nield](mailto:cindy.nield@fil.org) if you would like to buy a printed rule book.

[Click here for the Artificial Track IRO](#)



Season Opening Information

FIL has sent important information about the 2024/2025 season including IRO changes, sport and technical resolutions. Please see the attached PDF. There will be an online Season Information Meeting for Coaches, Staff, Officials, Athletes:

Date: 18.11.2024 Time: 17:00 h (CET)

Zoom Link: Meeting ID: 830 6558 4963
<https://us06web.zoom.us/j/83065584963?pwd=m0LyQMAt2yjWBW07D38bYOnYHHfTdr.1>

Mixed Event

The new Mixed Event will replace the Sprint competition at the FIL World Championships as well as the EBERSPÄCHER World Cup.

Please refer to the current edition of the IRO 2024 for the detailed regulations. Below are some key principles regarding the organization of the Mixed Event:

- Team captains must confirm participation in the Mixed Event to the Sports Director by the first TCM, including for international mixed teams
- International mixed teams are permitted, provided that both nations are not represented by their own teams in the competition
- If the composition of an international mixed team changes during the second or third Mixed World Cup, the points in the overall ranking will not be added together but will start anew for each newly assembled mixed team
- The first sleds in the Mixed Event will start with the previous countdown of 20 or 35 seconds
- At the 53rd FIL World Championships in Whistler/CAN, the Men's Singles will start from the women's start for safety reasons in the Mixed Singles Event.

Get Involved!

We hope to retain you, our current Officials, as well as recruit new Officials for future Local, National and International level races. If you have any questions about getting involved in officiating, please contact Marlene Vierboom, Chairperson of the CLA Officiating Committee at mavierboom@gmail.com

If you have feedback on this newsletter, or would like to suggest content for the next newsletter, please contact christy_skinner@me.com

Whistler Athletes' Centre Welcomes You!



2025 Luge World Championships January 30th- February 9th



Accommodation

The Whistler Athletes' Lodge was constructed to provide accommodation for teams visiting Whistler for training camps and competition events in both winter and summer. As an athlete/coach, a member of a sport organization, education and training you too can enjoy this 2010 Olympic Winter Games legacy!

The Whistler Athletes' Lodge is located in Cheakamus Crossing, Whistler's newest neighborhood across the Highway from Function Junction. The Lodge features 78 rooms containing 155 beds and a kitchen and dining area for groups to enjoy catered cooked meals.

- Complimentary wireless internet
- Fully accessible bathrooms are located on each floor, and are shared between two rooms.
- Complimentary laundry facilities and a common room perfect for relaxing or watching TV.
- Complimentary parking

Whistler Athletes' Centre

Address: 1080 Legacy Way, Whistler, BC, Canada V0N 1B1

Lodge: 604-964-0052 / lodge@whistlersportlegacies.com

Sport Services & Sales: 604-964-0056

Email: sportservices@whistlersportlegacies.com

Web: www.whistlerathletescentre.com



Rates

Accommodation & Food rate:

Lodge 2 Bedroom Private	(Sleeps 4)	\$463 + tax
Lodge Premium Queen Private	(Sleeps 1-2)	\$264 + tax
Lodge Standard	(Sleeps 1-2)	\$229 + tax
Lodge Moderate Queen	(Sleeps 1-2)	\$219 + tax
Lodge Moderate Single	(Sleeps 1)	\$142 + tax

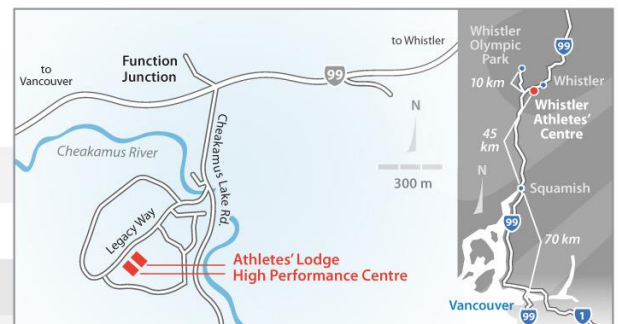
Per night accommodation includes 2 meals per day - Breakfast and Dinner. (Arrival Dinner Only - Departure Breakfast only stay rates above.

Gym training

Inquire within for team rates must be staying in Athletes' Lodge to have access.

Tuning Space daily \$100-150

- free parking 100 m from the front door
- Secured storage available in the Lodge basement
- 15 km to Whistler Olympic Park / 9 km to the Whistler Sliding Centre
- 4 km to Whistler Creekside / 8 km to Whistler Village
- High Performance Centre, operated by CSI Pacific, available for carded athletes



FÉDÉRATION INTERNATIONALE DE LUGE

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INTERNATIONAL LUGE FEDERATION
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Matthias Böhmer
Sports Director AT

Andris Sics
Technical Director AT

September 27, 2024

2024/2025 Season Opening Information *for Race Organizers, Coaches and Athletes*

With this letter, we would like to bring your attention to a few important points regarding the upcoming 2024/2025 season.

We will only briefly touch upon the current IRO changes. You can find all IRO changes, highlighted in yellow, via this link:

[Rules artificial track of the int. Luge Federation FIL \(fil-luge.org\)](https://www.fil-luge.org)

Resolutions 2025 - Sport and Technical

EBERSPÄCHER Team Relay World Cup presented by BMW (6):

2nd WC Innsbruck-Igls/AUT, 3rd WC Oberhof/GER, 4th WC Sigulda/LAT, 5th WC Altenberg/GER, 6th WC Winterberg/GER, 9th WC Yanqing/CHN

EBERSPÄCHER Mixed World Cup presented by SKECHERS (3):

1st WC Lillehammer/NOR, 7th WC Oberhof/GER, 8th WC PyeongChang/KOR

Continental Championships 2024/2025 Season:

56th FIL European Championships 2025, WC Winterberg/GER
14th FIL America Pacific Championships 2025, WC PyeongChang/KOR
10th FIL Asia Championships 2025, WC PyeongChang/KOR
46th FIL Junior European Championships 2025, JWC Sigulda/LAT
14th FIL Junior America Pacific Championships 2025, JWC Oberhof/GER



Mixed Event replaces Sprint:

This season, the new Mixed Event will replace the Sprint competition at the FIL World Championships as well as the EBERSPÄCHER World Cup.

Please refer to the current edition of the IRO 2024 for the detailed regulations. Below are some key principles regarding the organization of the Mixed Event:

- The respective team captains must confirm participation in the Mixed Event to the Sports Director by the first TCM, including for international mixed teams;
- International mixed teams are permitted, provided that both nations are not represented by their own teams in the competition;
- If the composition of an international mixed team changes during the second or third Mixed World Cup, the points in the overall ranking will not be added together but will start anew for each newly assembled mixed team;
- The first sleds in the Mixed Event will start with the previous countdown of 20 or 35 seconds;
- The second sleds will receive two warnings, as in the Team Relay competition, before the relay gate opens after the trigger mat is activated by the previous sled;
- Beginning with the 2025/2026 season, it is planned to implement a reaction start for the first sleds;
- All sleds will start from their original competition start height at all Mixed World Cups;
- To ensure a clear distinction from the team relay, a touchpad with a different shape will be used. Further information on this will follow in the coming weeks.

At the 53rd FIL World Championships in Whistler/CAN, the Men's Singles will start from the women's start for safety reasons in the Mixed Singles Event. Due to the placement of the Mixed Event, which results in a break of more than two days before the Men's Singles competition, all athletes who do not participate in the Mixed Singles Event (men) will receive an additional training run on the day of the Mixed Event. All participants in the Mixed Singles Event (men) will also receive an additional training run. This additional run must be completed from the Olympic men's start.

The entry fee per mixed team is EUR 40.00 (an entry fee must be paid for each registered mixed team).

As part of the 1st EBERSPÄCHER World Cup in Lillehammer, a test competition will be held on Monday, November 25th. Further information will be provided in the coming weeks.

Seeded Group World Cup (General Class):

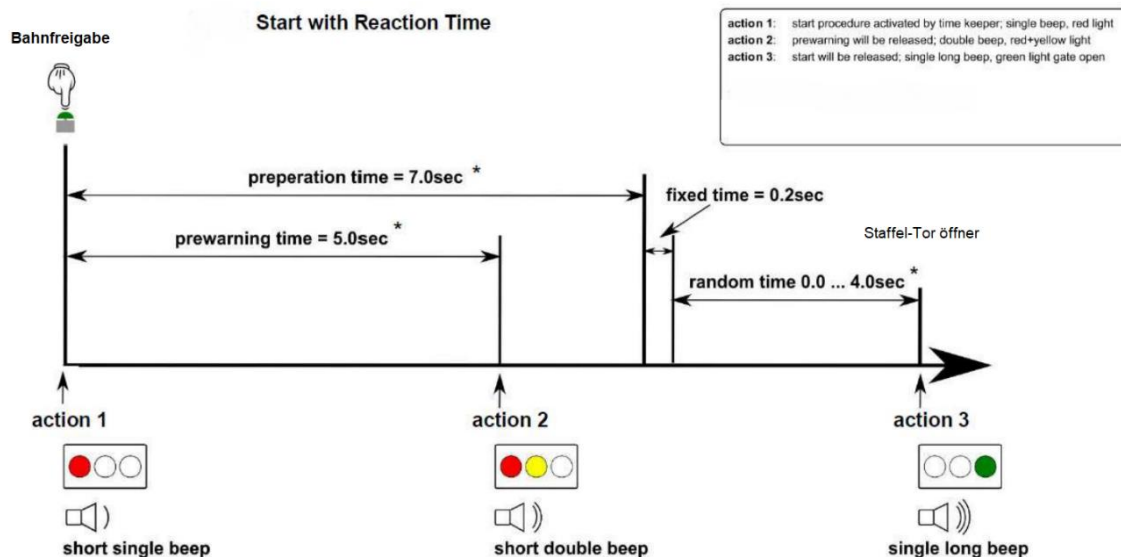
According to the new IRO 2024, the seeded groups will be updated, revised, and always filled to their full number after each World Cup. In the event of an athlete's absence or withdrawal, the next highest-ranked athlete will move up. Adjustments can be made up until the start of the first official training session.

The composition of the seeded groups for World Championships (general class) will now be based on the results of the past three World Cups in at least two different countries.

Team Relay:

Starting from the upcoming season, in all Team Relay Competitions at the EBERSPÄCHER World Cup as well as at the World Championships, the relay gate will be closed before the first sled (Women's Singles).

Following the mandatory track clearance by the track speaker/timekeeper, the first sled will receive two visual/auditory warnings before the relay gate opens on the third warning. The warnings will be indicated via the relay display (not the time display board).



The sequence of disciplines in the Team Relay Competition is as follows: **Women's Singles/ Men's Doubles / Men's Singles / Women's Doubles**

Measurements sled:

At the proposal of the AT Technical Commission, the following values are set for the 2024/2025 and 2025/2026 season:

Pressure measurement runner/steel, runner, bridge-box

Pre pressure: **2 Nm**
 pressure measurement: **7 Nm**
 max. value: **1 mm**

Pressure measurement steel-screw/bolt-box

Pre pressure: **1 Nm**
 pressure measurement: **3 Nm**
 max. value: **1 mm**



Qualification Requirements for the 2025 Junior World Championships:

Due to an unexpected scheduling conflict, the international training week (ITP) prior to the Junior World Championships in St. Moritz had to be canceled. The track operator in St. Moritz has provided several training slots from the end of December until the start of the Junior World Championships to compensate for the canceled ITP.

As a result, the following qualification requirements have been established by the Executive Committee:

Instead of full participation in the international training week (ITP) as per IRO §3, 6.10.6, and in modification of IRO §8 1.1, athletes must complete eight (8) successful runs from the available training opportunities. The responsibility for proof lies with the respective national federation. January 27th (Monday during the week of the Junior World Championships) is excluded from this.

This regulation only applies if an athlete has not participated in two (2) international races (§ 2, 1.3.1 – 1.3.9) prior to the Junior World Championships. Three (3) Junior World Cups will take place beforehand.

Below you will find the available training times:

	Datum	Zeit
Training	26.12.2024	09:00
Training	26.12.2024	11:00
Training	27.12.2024	09:00
Training	27.12.2024	11:00
Training	28.12.2024	09:00
Training	28.12.2024	13:00
Training	29.12.2024	09:00
Training	29.12.2024	13:00
Training	30.12.2024	09:00
Training	30.12.2024	13:00
Training	31.12.2024	13:00
Training	01.01.2025	12:00
Training	02.01.2025	09:00
Training	02.01.2025	12:00
Training	03.01.2025	09:00
Training	04.01.2025	12:30
Training	05.01.2025	12:30
Training	13.01.2025	08:00
Training	14.01.2025	08:00
Training	19.01.2025	08:00
Training	20.01.2025	08:00
Training	21.01.2025	13:30

Registration is to be made directly through the Olympia Bobrun St. Moritz.

Contact: Alexandra Kolb at events@olympia-bobrun.ch

Sled weights including attached accessories are:

Sled	Minimum	Maximum	Basis for calculation
Singles General Class	21 kg	25 kg	23 kg
Singles Juniors, Youth A	21 kg	25 kg	23 kg
Singles ≤ Youth B		16,5 kg	
Doubles General Class	25 kg	30 kg	27 kg
Doubles Juniors, Youth A	25 kg	31 kg	30 kg
Doubles Youth B		24 kg	

Further information can be found in paragraphs §3 4.2.3 – 4.2.4 and §5 1.



Start Order EBERSPÄCHER World Cup:

Starting from the upcoming season, the following regulation for the starting order will apply:

Start order Singles 1st competition run:

- ◆ In the 1st run, the 5th-placed athlete from the Nations Cup starts as the first sled, and in subsequent order, so that the 1st-placed athlete from the Nations Cup has the starting number 5.
- ◆ Starting from number 6, the seeded group follows after the draw (placements 7-12 / 1-6).
- ◆ Then, the remaining sleds follow, starting with the 6th-placed athlete from the Nations Cup until the end.

Start order Singles 2nd competition run:

- ◆ Women's / Men's Singles 20 - 1 according to placing in 1st competition run

Start order Doubles 1st competition run:

- ◆ In the 1st run, the 3rd-placed doubles team from the Nations Cup starts as the first sled, and in subsequent order, so that the 1st-placed team from the Nations Cup has the starting number 3.
- ◆ Starting from number 4, the seeded group follows after the draw (placements 7-12 / 1-6).
- ◆ Then, the remaining sleds follow, starting with the 4th-placed doubles team from the Nations Cup until the end.

Start order Doubles 2nd competition run:

- ◆ Women's / Men's Doubles 18 - 1 according to placing in 1st competition run

The starting order at the World Championships will remain unchanged, as it was at the previous World Championships in Oberhof and Altenberg.

Material defects occurring at the start:

In the event of a defect in the following components at the start area, the concerned athlete has the right to ask a one-minute technical break from the start leader, under the supervision of the jury, to remedy the defect. This technical interruption must be approved by the start leader under supervision of the jury at the start.

- Zipper of the Race Shoe
- Visor/Face shield
- Helmet
- Neck strap
- Doubles sleds straps



Preparation Time During Interruption:

When an interruption occurs during a competition (with the exception of a determined sweeping interval in case of snowfall), fundamentally the starter must give the next athlete:

- two (2) minutes preparation time before the signal “Track is clear” is given or
- the athlete gives a sign to the start leader to be ready for start before the two (2) minutes are up

The race director, in close coordination with the start leader, will decide whether a preparation time will be granted in the event of incidents.

Control Zone at the Start:

Starting from the upcoming season, at all FIL races, each athlete must bring their own sled into the control zone. A clearly visible handover line indicating the beginning of the control zone will be installed at all FIL races accordingly. One (1) team official per national federation still has the right to accompany the athlete in the control zone as well as during the checks at the start.

No team official is allowed to stay next to the athlete in the start area. However, a team official has access to the start area at all times (in case of technical issues).



Additional Information

Mandatory Body weigh-in:

The three dates for the mandatory body weigh-ins (general class) during the 2024/25 season are scheduled as follows:

- 1.) 1st EBERSPÄCHER World Cup Lillehammer/NOR
- 2.) 4th EBERSPÄCHER World Cup Sigulda/LAT
- 3.) 53rd FIL World Championships Whistler/CAN

In the future, the weigh-ins will take place after the technical inspection, and therefore, one day before the Nations Cup/Preliminary run. The exact dates can, as usual, be found in the respective weekly training schedule.

Mandatory body weigh-ins for the Junior Class in the 2024/25 Season:

The dates are scheduled as follows:

- 1.) 1st JWC La Plagne/FRA
- 2.) 40th Junior World Championships St. Moritz/SUI

Body weigh-ins at the Continental Cups in the 2024/25 Season:

Will be performed at each competition on both continents (Europe and North America).

In the future, during the body weigh-in, athletes will be allowed to wear long underwear and socks below the knee (ski socks).

Paytraining and additional runs for Women's Doubles:

At all EBERSPÄCHER World Cups of the 2024/2025 season (except Innsbruck-Igls), the first training day will be considered as a paytraining for all athletes.

In general, efforts will be made to offer additional training runs for the Women's Doubles.

The scheduling and allocation will be managed as usual by the Sports Director approximately one week in advance.



Team Captains Meetings:

In the upcoming season, each EBERSPÄCHER World Cup, as well as the 53rd FIL World Championships, will have two TCMs (Team Captains' Meetings). The first TCM will be conducted online by invitation from the Sports Director, while the second will take place in person on-site.

The invitation to the first TCM will be sent to the participating teams a few days in advance.

FIL Result Service:

All start and results list for the competitions (general class) will be sent via the new FIL email address: results@fil-luge.org

If you wish to add additional recipients to the mailing list, please contact the Sports Director.

Training results will be uploaded directly to the FIL website after each session. No additional email distribution will be provided.

FIL Season Accreditation:

The 2024/2025 FIL season accreditation is valid for the FIL EBERSPÄCHER World Cup series as well as the 53rd FIL Luge World Championships in Whistler, CAN.

In the event of loss and the subsequent reissuance of the FIL season accreditation, a flat fee of €30 per accreditation will be charged.

FIL Collective Transport by DHL:

All nations participating in the collective transport organized by FIL/DHL are required to label their transport crates with national markings. The labels will be provided by DHL to ensure smooth customs clearance as well as loading and unloading processes.

Loading for the World Championships in Whistler/CAN is expected to take place at the Oberhof Bauhof (Am Kehltal 1, 98559 Oberhof) on January 26, 2025. Further details will be provided in the coming weeks.

New Procedure «Winner Presentation» (World Cup):

Due to personnel changes in the TV department, the procedure for the top three finishers at the end of the second race run will be adjusted accordingly.

After the last sled of the second run crosses the finish line, there will be a pause of approximately 4 to 5 minutes before the "Winners Presentation." This time will be used to

conduct live interviews with the athletes in the Mixed Zone by the TV rights holders or their representatives, if necessary.



Following this, the "Winners Presentation" for the top three athletes will take place. After the presentation, the top three athletes will be interviewed in English or German by a FIL representative for the World Feed program.

The coordination of the finish area will be managed by a FIL floor manager under the direction of the TV coordinator and the Sports Director. The floor manager will be available at all World Cups, including the World Championships.

Victory Ceremony WCH and JWCH:

Starting from the upcoming season, at the World Championships and Junior World Championships, the Victory Ceremony will include athletes placed from 1st to 6th. (This does not apply to Team Relay and Mixed Event.)

Athlete's Headshots for TV Production:

As part of the 1st EBERSPÄCHER World Cup in Lillehammer, new headshots for TV graphics will be taken of all attending athletes. A detailed schedule will be sent to the teams after the registration deadline.

Alternative opportunities will be announced during the season.

See down below the Link to all detailed schedules for all race series:

[Race calendar of the International Luge Federation as a PDF \(fil-luge.org\)](https://www.fil-luge.org)



Meetings

Online Saison Information Meeting for Coaches, Staff, Officials, Athletes:

Date: 18.11.2024
Time: 17:00 h (CET)

Zoom Link:

<https://us06web.zoom.us/j/83065584963?pwd=m0LyQMat2yjWBW07D38bYOnYHHfTdr.1>

Meeting ID: 830 6558 4963

DHL Information Meeting:

Date: 10.10.2024
Time: 17:00 Uhr (CET)

Zoom Link:

<https://us06web.zoom.us/j/82603925743?pwd=jaoWQFudU2rBkL2URMJGKofiq8P5u4.1>

Meeting ID: 826 0392 5743

**We will organize an Athletes and Coaches discussion.
More information will follow within the next weeks.**

The directors and department heads wish you and your teams a successful and injury-free 2024/2025 season.
